

# *Federation of European Wadokai (FEW)*

## *Subjects for Dan Examination*

	<b>Basic Technique (Kihon)</b>	<b>Kata</b>	<b>Basic (Kihon)Kumite</b>	<b>Tantodori</b>	<b>Jiyu (free)kumite</b>
1 <sup>st</sup> Dan	<b>Junzuki</b> (Keri and Junzuki), <b>Gyakuzuki</b> (Keri and Gyakuzuki) <b>Junzuki Tsukkomi</b> (Keri and Junzuki Tsukkomi), <b>Gyakuzuki Tsukkomi</b> (Keri and Gyakuzuki Tsukkomi), <b>Tobikomizuki</b> , <b>Tobikomi Nagashizuki</b>	Kushanku Naihanchi One Pinan kata to be designated on the day of the examination	Kihon Kumite no 1 is must and two free of choice.		Free Sparring
2 <sup>nd</sup> Dan	Same as 1 <sup>st</sup> Dan	Seishan Naihanchi Kushanku	Kihon Kumite no 5 is must and two free of choice.		Free Sparring
3 <sup>rd</sup> Dan	Same as 1 <sup>st</sup> Dan	Seishan Chinto Kushanku	Kihon Kumite no 5 is must and two free of choice.		Free Sparring
4 <sup>th</sup> Dan	Same as 1 <sup>st</sup> Dan	Seishan Chinto Niseishi	Kihon Kumite no 5 and no 8 are must and one free of choice.	2 Tantodri to be designated on the day of the examination	Free Sparring
5 <sup>th</sup> Dan	Same as 1 <sup>st</sup> Dan	Seishan Chinto Niseishi	Kihon Kumite no 5 and 10 are must and one free of choice.	2 Tantodri to be designated on the day of the examination	Free Sparring

Kata:

**1.** Kushanku, **2.** Naihanchi, **3.** Seishan, **4.** Chinto, **5.** Passai, **6.** Niseishi, **7.** Rohai, **8.** Wanshu, **9.** Jion, **10.** Jitte.

Tantodori: **1.**Udegamari-dori, **2.** Kotenagi-dori, **3.** Unga-dori, **4.** Erinnage-dori, **5.** Zu-dori, **6.** Hikitate-dori, **7.** Hikiotoshi-dori.